

7th Annual

SINGLE-DIGIT DUALS

Hosted by Shippensburg Wrestling Booster Club

Weight Classes: 45, 48, 52, 55, 59, 63, 67, 71, 75, 80, 85, 90, 95, 100, 120 (plus 3 alternates): Limit of 18 wrestlers per team. Limit to 4 coaches (mat-side) per team. **Every team is responsible to supply a scorekeeper.**

Date: Sunday, February 3, 2019

Location: Shippensburg Area Senior High School 201 Eberly Drive, Shippensburg, PA 17240

Time: Wrestling begins at 9:00 am

Admission: \$5 (adults) / \$2 (students)

Register online at: shipwrestling.com or email full rosters to: shipelemwrestling@gmail.com by January 28, 2019. Any changes to rosters must be submitted by 6:00 pm on February 2, 2019.

Registration Fee: \$300 per team, payable day-of. Make checks payable to Shippensburg Wrestling Booster Club or pay online at shipwrestling.com

Eligibility: Any wrestler, 9 years old or younger (age as of January 1st, 2019) currently on CPYWL roster. Teams may have up to 2 wrestlers from any other CPYWL school to fill in weight classes. NO wrestler from outside the CPYWL allowed.

Weigh-ins: 7:00-8:00 am, coaches meeting at 8:15 am (pools drawn at coaches meeting)

- Each team will weigh-in together, once the majority of the team is present
- CPYWL allowances will apply (.2 lbs for male wrestlers, .4 lbs for female wrestlers)

Teams: Max 10 teams, 2 or 3 team pools depending on number of teams registered (FIRST 9 teams to register, plus Shippensburg). Also reserve the right to limit teams. 3 mats used.

Awards: Team trophy to top 3 teams. Medals to each team member of top 3 teams.

Dual Format:

- Each round will start wrestling at 45 pound weight class
- At the conclusion of each meet, time will be reserved for exhibition matches
- Subsequent rounds will begin at conclusion of exhibition matches

PIAA modified rules:

- Headgear and lace closures optional.
- Vacant weight classes (forfeits) will result in 2 team points. Will be discussed in more depth at coaches meeting.
- Any/all other rules will fall under PIAA ruling(s).

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Roster Form

Team: _____

Wrestler's Name

45: _____ **Date of Birth:** _____

48: _____ **Date of Birth:** _____

52: _____ **Date of Birth:** _____

55: _____ **Date of Birth:** _____

59: _____ **Date of Birth:** _____

63: _____ **Date of Birth:** _____

67: _____ **Date of Birth:** _____

71: _____ **Date of Birth:** _____

75: _____ **Date of Birth:** _____

80: _____ **Date of Birth:** _____

85: _____ **Date of Birth:** _____

90: _____ **Date of Birth:** _____

95: _____ **Date of Birth:** _____

100: _____ **Date of Birth:** _____

120: _____ **Date of Birth:** _____

Alt: _____ **Date of Birth:** _____

Alt: _____ **Date of Birth:** _____

Alt: _____ **Date of Birth:** _____